



Anchorage NAWIC News

National Association of Women in Construction

February 2006
Region 9

Issue 20/ Volume 2
Chapter 197 Anchorage, Alaska

President's Message – February 2006

By: President Evelyn P. Clark, CCA

President

Evie Clark

Vice President

Misty Dawn Crim

Recording

Secretary

Debbie

Kochanuski

Corresponding

Secretary

Cricket Gartrell

Treasurer

Tracie Pierce

Directors

Kathleen Bugbee

Sandy Jensen

Traci Johnson

Parliamentarian

Chris "Mistress of

all Fun" Jett

We had another terrific turnout for our January meeting... 10 members and 13 guests, including our two speakers from the 3rd Contracting Squadron at Elmendorf AFB! If you were one of the members who brought a guest, please be sure to follow-up with her and invite her to join us as a member!

Chris Jett reported on a very productive meeting with the Girls Scouts Susitna Council. The Girl Scouts are interested in having us participate in their annual "Women of Science and Technology" Day at UAA on Feb. 4. We will conduct modified Block Kids contests during 45-minute time slots. Because of the length of time allotted for each group, we will not be able to select winners, but we will be introducing the girls to construction as a career opportunity! The BIG play will come later in the fall, when we hope to collaborate with the Girl Scouts to conduct a half-day construction fun fair-type event including a lot of hands-on demonstrations, as well as a full Block Kids contest! We will take the winner of the fall contest and submit to the Regional Block Kids contest in early 2007. Please show your support of this important effort by calling Chris and letting her know if you can help!

In other business during our meeting, the members voted to submit our Chapter's bid to host Region 9 Forum in 2008. We have not hosted a regional meeting since 1982, so we are looking forward to the opportunity to submit our qualifications and enthusiasm when we bid during Tri-Cities Forum on May 5 – 6 of this year. No word yet on other chapters who may be considering a bid... so I will keep you posted!

Speaking of Forum... at our February meeting, the Chapter will be electing our Future Leader and WIC of the Year. The winners of these regional competitions will be revealed during Forum. Future Leaders are our newer members (less than two years) who have been active in chapter activities. We have four members eligible for the 2006 award: Lynn Barrett, Kathleen Bugbee, Dency Dokoozian, and Sue Whittom. WIC of the Year is a "lifetime achievement" award, and we are fortunate to have four previous winners from our Chapter who are ineligible for future awards: Kathie Hoehne, Chris Jett, Mary Knopf and myself. Please be thinking about who you would like to nominate for this prestigious award.

One more item of news I would like to share with you is an update on our members who are studying for NEF (NAWIC Education Foundation) certification programs. Kathleen Bugbee, Misty Dawn Crim, Cricket Gartrell and Fil Spiegel are studying for their CIT (Construction Industry Technician) certifications under the tutelage of Tamie Taylor, CIT. Tamie is also studying for her CDS (Construction Document Specialist) certification. The five members are holding weekly study sessions, and will sit for their exams on February 4th. Good luck to you all!

"Witty Words from Wise Women"

You see a lot of smart guys with dumb women, but you hardly ever see a smart woman with a dumb guy.

- Erica Jong

Evie

Core Purpose: To Enhance the Success of Women in the Construction Industry.

Core Values:

- *Believe in ourselves as women.*
- *Persevere with the strength of our convictions.*
- *Dare to move into new horizons*

Mailing Address:

P.O. Box 91945
Anchorage, Alaska
99509

Website:

www.nawic-ak.org

(Alaska website)

www.nawicregion9.org

(Region 9 website)

www.nawic.org

(national website)

FAIRBANKS NAWIC???

1. Re-name the Anchorage Chapter to “Alaska” Chapter - would require:
 - a. Approval of 2/3 at a General Membership Meeting
 - b. Written request to NAWIC Board of Directors - with a copy of meeting minutes attached
 - c. A change to Chapter Standing Rules after approval by members
 - d. Notification to State of Alaska for corporation
2. Recruit Fairbanks and interior Alaska members into Alaska Chapter
3. Establish a “Standing Committee” within Alaska Chapter called “Fairbanks Satellite Committee” (or some such similar term), perhaps with a “Liaison” as head of the Committee?
4. Members in Fairbanks could meet as often as THEY choose, without requirements for electing officers and directors, recording Minutes, maintaining a bank account, preparing tax returns, etc.
5. As members of the Alaska Chapter, all members would receive the Alaska Chapter newsletter monthly, in addition to the Region 9 Director’s Newsletter and the NAWIC Image. Fairbanks members would be encouraged to contribute articles and information to be included in the Alaska Chapter newsletter. (Perhaps a special section just for Fairbanks area news?)
6. Sub-committees within the Fairbanks Satellite Committee could plan programs (if desired), conduct Block Kids contests and other NAWIC/NEF Programs, raise funds for scholarships and travel to NAWIC Regional and National Conferences.
7. Banking: Would need to set up a Fairbanks bank account. Perhaps designate “Liaison” along with a “Finance Chair” and one other to take care of finances.
- 8.



National Association of Women in Construction

19th Annual

GARAGE SALE

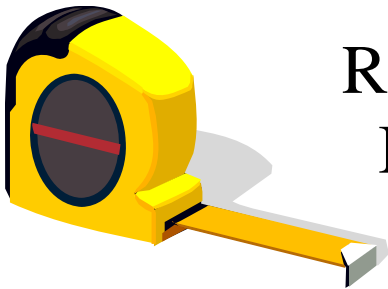
April 29, 2006

9:00 am – 4:00 pm

6218 Nielson Way

(from C Street turn West on 64th)

**NEW, USED, SLIGHTLY DAMAGED,
AND DISCOUNTED BUILDING
MATERIALS AND TOOLS**



**REMODELERS AND CABIN
BUILDERS COME LOOK!**

Warehouse space donated by: Allied Construction Services

Time²

TimeSquared Inc.

"Plan Your Time... Time Your Plan!"

Executive TimePlans Principles Workshop

For the ultimate in professional success, you must accept and live by **five key principles**:

1. Ongoing goal development & achievement
2. Accountability in time management
3. The practice of self-discipline
4. Organization of space & projects
5. Understanding your strengths & weaknesses

To respect your time as executives & business owners, these *Executive TimePlans Principles* are taught in half day segments, over a period of three days. You will receive the following training, skills, and savings in a small group setting:

- ◆ Training of all five principles listed above (see attachment for more in depth description).
- ◆ Customized goal plan & one year action schedule
- ◆ **Free** one on one consulting (outside of workshop) for goal identification, development & actions
- ◆ Solutions for your own unique time constraint problems
- ◆ Self-discipline philosophy and techniques
- ◆ Effortless organization of space and projects
- ◆ Myers Briggs Personality Type test & evaluation to help you identify your strengths and weaknesses.
- ◆ Network with other professionals in diverse industries
- ◆ **Free** one hour follow-up consultation, within 30 days, to help support action schedule & keep you on track to achieving their goals.

Total value of workshop: \$745.00 +
Grand Opening Cost for Attendance: \$525.00

Place: 500 W. 27th Ave., Suite A

Date: February 21st, 23rd, 24th (Tues., Thurs., & Fri.)

Time: 8:00 – 12:00 each day

Warning: These are “work”shops... be prepared to work.

We accept only five attendees per session. RSVP soon to confirm your one of the five! **Call 929.4912 or email: dfowler@gci.net**

Principle #1 — 5-Star Focus!

Clear focus, clear path, clear decision-making can be yours through a journey of goal identification, purpose clarification, and recognition of priorities. This workshop helps you identify goals, create a plan that works, set achievable action steps, and establish timelines to monitor the affects of your actions. Learn how to be your own best self-evaluator on where you are, where you need to be, and what adjustments you need to make to get back on track to success. Gain self-empowerment by committing to your goals and your actions. Finally, understand the lesson that differentiates you from colleagues who seem to succeed so effortlessly.

Principle #2 — Time IS on Your Side!

This enjoyable workshop will have you looking for new ways to put more order, time and success into your day! You'll learn how easy it is to invest in time each day for a windfall of time savings later that same day! Find out why overtime isn't productive and isn't working for you in many ways. Be proactive throughout the day, stop reacting. Never again allow others to waste or redirect your day. Eliminate costly mistakes due to misunderstandings. Hear the secrets to overcoming *procrastination attraction*. You will leave this one day training session having identified those barriers that break your *success momentum*. Take the core ideas you learn to enjoy work and gain greater success by easily implementing a system that works uniquely for you.

Principle #3 — The Promise Drain: Self-Discipline

Are you repeatedly breaking promises to others, or worse, to yourself? Learn how to reenergize your passion. You'll gain intensely practical techniques in self-discipline and stay focused on your goal. Discover the mindset of success. Rekindle enthusiasm in your career or business. Understand your defeating behaviors and how to empower your actions. Our simple techniques offer you insights and practical guidance to guide you in maintaining a commitment to your projects, your success and your life. Nothing will stop you.

Principle #4 — Organized Success: Space & Projects

Enjoy coming into your office in the morning! This fast and fun workshop will take you through space and work organization. Discover practical tools to change your work-life forever. Learn an easy to implement process that will take you easily through every project from beginning to its successful end. Look forward to *collaboration* by using visionary techniques and mind-mapping ideas to improve workflow and teamwork. Life at work doesn't have to be difficult, unless you prefer it that way.

Principle #5 - Know Yourself to Succeed!

Learn what motivates you and what puts you in the doldrums. Find out how to make the most of your day, your goals, and your future by discovering your personality strengths, weaknesses, inclinations, and dislikes. This Myers Briggs training will help you work better, achieve more, and understand what makes your fellow co-workers, or employees, tick. Don't miss this!

**Do you know what these words mean
in relation to the
construction industry?**

bolt stretcher
idiot stick
expletive
alligatoring
feather tongue

No?

**Then maybe you need a
Construction Dictionary!**

Construction Dictionary Order Form

Yes, I want a Construction Dictionary for just \$65!

My Name: _____

My Company: _____

My Address: _____

My Phone #: _____

Payment: Cash Check In the amount of \$65.00

Submit to: Traci Johnson, NAWIC Dictionary Chair
 Spenard Builders Supply, Inc.
 4412 Lois Drive
 Anchorage, AK 99517
 (907) 261-9232 phone
 (907) 261-9192 fax
 tjohnson@sbsalaska.com

This is information on a breakfast that PTAC is sponsoring for women business owners who are doing, *or would like to do*, business with the government. Please feel free to pass along this information. It will be a great networking opportunity as well as an informational forum.

“Building the Foundation”
February 9, 2006 from 7:30 to 9:30 a.m.
Millennium Alaska Hotel, Anchorage
Cost: \$20 (will include breakfast)

If you are currently contracting to the government, or are thinking of adding it to the mix, you won't want to miss this excellent opportunity to learn from the best.

Featured Speakers

Terry Webb, Arrowhead Environmental, Inc.
Tanya Bratslavsky, Bratslavsky Consulting Engineers, Inc.
Crystal Nygard, PSI Environmental, LLP

Join us for our inaugural event for *Women Business Owners in Government Contracting*. We have four dynamic and successful women business owners that will provide expert advice via a panel discussion. Find out:

- How these women achieved their current business status
- What challenges or opportunities they encountered
- Why they entered the government contracting market

For registration information e-mail carolyn@trendalaska.org. Registration is required. No shows will be charged. For questions contact Katherine Anderson or Carolyn Pratt at 274-7232.

**NAWIC
ANCHORAGE, ALASKA CHAPTER
STANDING RULES**

1. The Chapter shall adopt Standing Rules stating its dues, fees and charges, meeting date and declaring whether the Chapter will elect Officers to the positions of Corresponding Secretary and President-Elect, and such other rules as are not in conflict with the Charter of the National Association of Women in Construction, the Chapter's Corporate Charter; or the Bylaws, Standing Rules or official policies of the National Association of Women in Construction.
2. Amendment of Chapter Standing Rules requires previous notice and a two-thirds (2/3) vote of those present and voting, except as superseded by State law.
3. Standing Rules shall be reviewed for compliance annually by the Chapter.
4. Any member accepting Chapter funds to attend any Association function shall prepare a report to be either published or distributed within forty-five (45) days following the event. The report shall be attached to the appropriate Chapter Minutes.
5. Regular monthly General Membership meetings will be held on the Second Wednesday of each month. In the event a special function is planned for a regular meeting night, business shall be conducted at the next following regular meeting night; PROVIDED that no less than six regular business meetings shall be conducted annually, in accordance with NAWIC Bylaws.
6. Annual Chapter dues are payable according to the following schedule:

Active Member	<u>\$65.00</u>
Corporate Member	<u>\$65.00</u>
Student Member	<u>\$5.00</u>
7. The Officers of the Chapter, in addition to the President, Vice President, Recording Secretary and Treasurer shall include a Corresponding Secretary.
8. In addition to the Officers and Immediate Past President, the Board of Directors shall consist of three (3) Directors.
9. The Chapter may send up to \$5.00 from general funds for each Chapter member to the Region 9 Director's Expense Fund, based on the estimated membership count as of Aug. 31 annually. The membership will vote on the amount of the contribution.
10. The President shall appoint a committee to approve Meeting Minutes.

Evelyn P. Clark, CCA, President
Anchorage, Alaska Chapter NAWIC

PLEASE REMOVE THESE AND SAVE FOR EASY REFERENCE!!!

**NAWIC
ANCHORAGE, ALASKA CHAPTER**

GUIDELINES AND PROCEDURES

1. Chapter shall designate funds for President to attend Annual Regional Forum.
2. Chapter members will elect delegates to NAWIC Convention at the June meeting annually.
3. Incoming Chapter President shall receive Convention airfare and per diem as specified in budget.
4. Chapter shall designate funds for President to attend Annual Planning Conference.
5. In the event the Chapter President is unable to attend Regional Forum or Planning Conference, the Vice President shall attend in her place.
6. In the event the incoming Chapter President is unable to attend NAWIC Convention, the incoming Vice President shall attend in her place.
7. In the event that neither President nor Vice President is able to attend a regional conference, the order of succession shall be: (1) Recording Secretary, (2) Corresponding Secretary, (3) Treasurer.
8. In the event that neither incoming President nor incoming Vice President is able to attend NAWIC Convention, the order of succession shall be: (1) incoming Recording Secretary, (2) incoming Corresponding Secretary, (3) incoming Treasurer.
9. Any airfare reimbursed in full by the Chapter must be made at the lowest (30-day advance) available published fare. Changes to travel schedule resulting in higher fares will result in the difference being paid by the traveling member.
10. Officer's pins will be provided to each newly installed officer, and passed to her successor at the end of her term of office. Anchorage Chapter's NAWIC Education Foundation "Ladder of Success" pin shall be worn by the Chapter President, and shall be passed to her successor at the end of her term of office, along with the Chapter's gavel and podium banner and other Chapter property in her possession.
11. Past-President pin will be provided to each out-going President.
12. The Chapter Vice President shall be one of three (3) officers authorized to countersign all checks.
13. The Chapter shall send \$2.00 from general funds to each newly chartered NAWIC Chapter outside Region 9, and \$5.00 to newly chartered Chapters within Region 9.
14. Members who make dinner reservations will be billed for the cost of dinner if they do not attend.
15. The Chapter shall elect, via ballots, a Chapter "WIC of the Year" and Chapter "New Leader of the Year" in accordance with Region Nine guidelines. Depending on the Chapter's approved budget, a token gift or plaque may be purchased for the winners of each award, at the President's discretion.



Join the Anchorage Chapter of

NAWIC

(National Association of Women in Construction)

at the

Celebrate Constructive Women Awards Dinner

Honoring eight (8) women in the construction industry



**Wednesday, March 8, 2006
Millennium Hotel**

5:30 p.m. No host bar

6:00 p.m. Dinner

followed by: speaker and awards program

\$60 per person

\$450 per table of 8

Reservations: Phone 223-3098; fax 344-6097
 e-mail cmo@ak.net

NAWIC BUILDS

YOUR EDUCATION • YOUR CAREER
YOUR FUTURE



NAWIC Tradeswoman Advocate of the Year

The NAWIC Tradeswomen Committee is proud to announce the continuation of the ***NAWIC Tradeswoman Advocate of the Year*** recognition program. This program is an initiative to highlight the support and encouragement a NAWIC member provides to tradeswomen. This award is funded by the NAWIC Past Presidents.

Nominees of the **Tradeswoman Advocate of the Year** award should epitomize the best traits of a NAWIC member by offering support and encouragement to tradeswomen. Nominees should have a proven record of working with tradeswomen to enhance their success in the construction industry. The nominee may work in training tradeswomen, may be a mentor to tradeswomen, or may be a NAWIC member that supports tradeswomen in other ways.

Any member may nominate a NAWIC member as the **Tradeswoman Advocate of the Year**. The nomination process requires the completion of the nomination form; a letter of support written by someone that can verify the nominee's support and encouragement of tradeswomen; and information totaling no more than one page describing the nominee's efforts to enhance the success of tradeswomen. The nominee's involvement in their local NAWIC chapter, other awards/recognition and community service will also be considered.

The deadline for nominations for **Tradeswoman Advocate of the Year** is **June 15, 2006**.

The recipient will be honored during the NAWIC Annual Meeting and Convention.

NAWIC Tradeswoman Advocate of the Year Nomination Form

Nominee's Name _____

Employer _____

NAWIC Chapter Name and # _____

Home Address _____

City _____ State _____ Zip Code _____

Daytime Telephone _____ E-Mail _____

Nominated By _____

NAWIC Chapter Name and # _____

Daytime Telephone _____ E-Mail _____

Signature _____

Please supply the following information about the nominee on **one page**.

- I. Nominee's involvement in supporting and encouraging tradeswomen
- II. Nominee's NAWIC involvement

Nomination package should include:

- 1. Completed nomination form
- 2. No more than one page covering both items listed above
- 3. One page letter of support (letter can be written by nominator, other NAWIC member, work colleague, or supervisor at work).

All nominations must be received by June 15, 2006

Return this form to: Mary Ann Scott
 c/o Oxford Development Company
 One Oxford Centre, Suite 4500
 Pittsburgh, PA 15219

The recipient will be honored during the NAWIC Annual Meeting and Convention.



NAWIC Tradeswoman of the Year

The NAWIC National Tradeswomen Committee is proud to announce the continuation of the ***NAWIC Tradeswoman of the Year*** recognition program. This program is an initiative to highlight the accomplishments and persistence of NAWIC tradeswomen working on job sites across America. This award is funded by the NAWIC Past Presidents.

Nominees of the Tradeswoman of the Year award should epitomize the best traits of a NAWIC member by maintaining a stellar safety record, participating in training opportunities, and should be an active NAWIC member. Nominees must have at least four years of training in a skilled trade, and should currently be employed in a field assigned job that requires working with tools on a daily basis.

Any member can nominate a member who is a tradeswoman for this award. The nomination process requires the completion of the nomination form; a letter of support written by someone that can verify the nominee's current trade work; and information totaling no more than two pages describing the nominee's work experience, safety record, training accomplishment(s), and other activities. The nominee's involvement in their local NAWIC chapter, other awards/recognition and community service will also be considered.

The annual deadline for nominations for **Tradeswoman of the Year** is **June 15, 2006**.

The recipient will be honored during the NAWIC Annual Meeting and Convention.

NAWIC Tradeswoman of the Year Nomination Form

Nominee's Name _____

Employer _____

Trade _____

NAWIC Chapter Name and # _____

Home Address _____

City _____ State _____ Zip Code _____

Daytime Telephone _____ E-Mail _____

Nominated By _____

Nominator's NAWIC Chapter Name and # _____

Daytime Telephone _____ E-Mail _____

Signature _____

Please supply the following information about the nominee on **no more than two pages**.

- I. Nominee's type of work and years of work experience
- II. Education, Training, and Commitment to Safety
- III. Certificates and/or Licenses
- IV. Awards, Recognition, and Community Involvement
- V. NAWIC involvement

Nomination package should include:

- 1. Completed nomination form
- 2. No more than two pages covering items 1-5 listed above
- 3. One page letter of support (letter can be written by nominator, other NAWIC member, work colleague, or supervisor at work).

All nominations must be received by **June 15, 2006**.

Please return to: Mary Ann Scott
c/o Oxford Development Company
One Oxford Centre, Suite 4500
Pittsburgh, PA 15219

The recipient will be honored during the NAWIC Annual Meeting and Convention.



HAPPY January BIRTHDAYS

Misty Crim 1/9

Judy Valentine 1/17

HAPPY February BIRTHDAYS

Fil Spiegel 2/12

Mary Knopf 2/24

HAPPY January ANNIVERSARY

HAPPY February ANNIVERSARY

Judy Montgomery 4 years

***** DATES TO REMEMBER *****

Wednesday, February 8, 2006 - General Membership Meeting

Coast International Inn

5:30-6:00 Networking/Cocktails

6:00-6:30 Dinner

6:30-8:30 Guest Speaker

*USACE

General Membership Meeting

Tuesday, February 14, 2006 - Happy Valentines Day

Monday, February 27, 2006 - Board Meeting SBS Clinic Club. Wilder Hostess

WIC Week March 5-11. Special Dinner on Wednesday, March 8, 2006. See above. ☺

