

**National Association of Women in Construction
Alaska ~ Chapter #197
General Membership Meeting
Coast International Inn
April 11, 2007**

President Misty Dawn Crim called the meeting to order at 6:00 PM

There being 20 Members and 1.5 Guests present, a quorum was established.

Program: Tamie Taylor ~ CIT Exams

President Report:

- President Misty Dawn appointed Traci Johnson and Judy Montgomery to approve April's meeting minutes.
- Recording Secretary: Kris McKinney, minutes were approved as corrected and distributed in the monthly newsletter.
- Corresponding Secretary: Kathleen Bugbee picked up and distributed the mail.
- Treasurer's Report: Tracie Pierce picked up and reviewed bank statements.

COMMITTEE REPORTS:

- Membership Update: Evie Clark, there are currently 50 members, with 4 applications in progress.
- Upcoming Programs:
 - May ~ Convention Center jobsite tour.
 - June ~ Elections
 - July ~ Jobsite tour (location to be determined)
- Block Kids: Chris Jett, our Alaska Chapter winner has won at the Region 9 level and is going onto Nationals.
- Region 9 Safety Excellence Awards: Traci Johnson received two nominations, one being from Kiewit, and the other being from Spenard Builders Supply. The both have been forwarded on to Regional.
- CADD Drafting: Mary Knopf, we had three local winners, all from Chugiak High School. The First Place winner was Sarah Borden, Second Place; Angela Weiss, Third Place; Nathan Burke. All projects were sent to Regional.
- NEF: Tamie Taylor currently has work/study groups being held weekly for the CIT and CDS exams. Please contact Tamie for more information.
- Safety Committee: Traci Johnson is working with the NAWIC National Safety Committee on Safety sessions at Annual Conference.

UNFINISHED BUSINESS:

- Golf Tournament: Judy Montgomery and Tracie Pierce are currently talking with golf courses in arranging for the event.

NEW BUSINESS:

- By-Law Change (See Attachment) for upcoming elections.
- Nominating Committee: for 2007 ~ Sandy Rapp, Kris McKinney, Cricket Gartrell
- Tamie Taylor asked that we pay one third of the Speaker's airfare from Fairbanks to Anchorage for the joint meeting in February with ASHRAE and SWE. Judy Montgomery moved and Evie Clark seconded.
- Tamie Taylor: needs a committee for planning and arrangements for the 2007 Convention in which she will be elected the next National President.
- Tracie Pierce: Girl Scouts would like NAWIC to hold a Block Kids contest for Encampment to be held at the Fair Grounds June 7-9. It was decided that we do not do it this year, because of short notice. We can consider it for future Encampments.
- Julie Aune: Service High School just had a Job Fair, we should think about attending more of those as an organization.
- Tamie Taylor: will be talking with Wendler Middle School on April 26th, 2007 about being a trades woman and NAWIC.

ANNOUNCEMENTS:

- MS Walk, April 21, 2007 ~ see Debbie Kochanuski for registration information.
- Construction Garage Sale, April 28, 2007 ~ see Anne Denny for details.
- Region 9 Forum – May 18-19, 2007, Boise, ID ~ we currently have 5 members attending.
- 2007 Convention – September 5-9, 2007, Orlando, FL – Tamie Taylor to be installed as National President.
- Region 9 APC – October 2007, Great Falls, MT
- Board Meeting: **Monday, April 30, 2007**
SBS Clinic Club 11:30 AM
Hostess: Tracie Pierce
- Next general membership Meeting:
 - Wednesday, May 9, 2007 ~ to be held at McGinley's for those not attending the jobsite tour.

There being no further business to come before the members, the meeting was adjourned at 7:58 PM.

Respectfully Submitted,

Kris McKinney, Recording Secretary

Misty Dawn Crim, President



A Pro Build Company

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HEALTH & SAFETY

Take personal responsibility – be prepared in case of a disaster.
Visit www.redcross.org – It's a great resource for emergency planning.

Personal Workplace Disaster Supplies Kit

For the workplace, where you might be confined for several hours, or perhaps overnight, the following supplies are recommended. More information is at:

<http://www.redcross.org/services/disaster/beprepared/>



**American
Red Cross**

Together, we can save a life

Flashlight with extra batteries

Use the flashlight to find your way if the power is out. Do not use candles or any other open flame for emergency lighting.

Battery-powered radio

News about the emergency may change rapidly as events unfold. You also will be concerned about family and friends in the area. Radio reports will give information about the areas most affected.

Food

Enough non-perishable food to sustain you for at least one day (three meals), is suggested. Select foods that require no refrigeration, preparation or cooking, and little or no water. The following items are suggested:

- Ready-to-eat canned meals, meats, fruits, and vegetables.
- Canned juices.
- High-energy foods (granola bars, energy bars, etc.).

Water

Keep at least one gallon of water available, or more if you are on medications that require water or that increase thirst. Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles.

Medications

Include usual non-prescription medications that you take, including pain relievers, stomach remedies, etc. If you use prescription medications, keep at least three-day's supply of these medications at your workplace. Consult with your physician or pharmacist how these medications should be stored, and your employer about storage concerns.

First Aid Supplies

If your employer does not provide first aid supplies, have the following essentials:

- (20) adhesive bandages, various sizes.
- (1) 5" x 9" sterile dressing.
- (1) conforming roller gauze bandage.
- (2) triangular bandages.
- (2) 3 x 3 sterile gauze pads.
- (2) 4 x 4 sterile gauze pads.
- (1) roll 3" cohesive bandage.
- (2) germicidal hand wipes or waterless alcohol-based hand sanitizer.
- (6) antiseptic wipes.
- (2) pair large medical grade non-latex gloves
- Adhesive tape, 2" width.
- Anti-bacterial ointment.
- Cold pack.
- Scissors (small, personal).
- Tweezers.
- CPR breathing barrier, such as a face shield

Tools and Supplies

- Emergency "space" blanket (mylar).
- Paper plates and cups, plastic utensils
- Non-electric can opener.
- Personal hygiene items, including a toothbrush, toothpaste, comb, brush, soap, contact lens supplies, and feminine supplies.
- Plastic garbage bags, ties (for personal sanitation uses) .
- Include at least one complete change of clothing and footwear, including a long sleeved shirt and long pants, as well as closed-toed shoes or boots.
- If you wear glasses, keep an extra pair with your workplace disaster supplies.

General Information

- Your kit should be adjusted based on your own personal needs.
- Do not include candles, weapons, toxic chemicals, or controlled drugs unless prescribed by a physician.



FORUM REPORTS

BOISE, ID

BY: Traci Johnson

HOW MUCH DO YOU KNOW ABOUT DRUGS IN THE WORKPLACE?



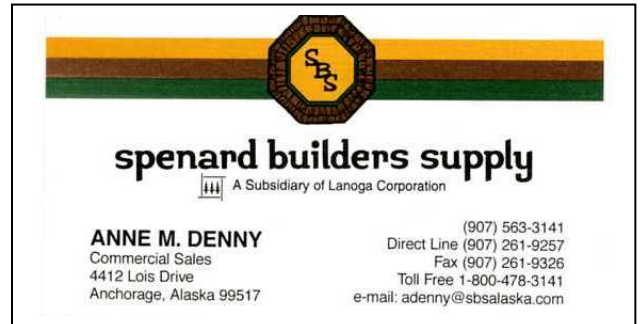
This topic was presented at the Region 9 Forum by Marianne King of Drug Free Idaho. She provided us information and some startling statistics about drugs in the workplace. Take this quiz and see if you are well versed in this subject.

- 1. What is the most commonly abused drug, other than alcohol in the workplace?**
(a) Marijuana (b) Methamphetamine (c) Inhalants (d) Prescription Medications
- 2. Up to _____ % of industrial injuries can be linked to alcohol use and alcoholism.**
(a) 10 (b) 20 (c) 30 (d) 40
- 3. Employees who use drugs are _____ times more likely to file worker's compensation claims.**
(a) 2 (b) 5 (c) 10 (d) 15
- 4. The # 1 cause of large equipment accidents is driver error and the #1 factor associated with driver error is use of:**
(a) Prescription Painkillers (b) Lack of Sleep (c) Marijuana (d) Alcohol
- 5. Full time employees who ADMITTED to being current illicit drug users tend to be:**
(a) Between ages of 18& 25 (b) White (c) Male (d) All the above

For more information visit: www.streetdrugs.org

ANSWERS

1=d 2=d 3=b 4=a 5=d



Core Purpose: To Enhance the Success of Women in the Construction Industry.

Core Values:

- **Believe in ourselves.**
- **Persevere with the strength of our convictions.**
- **Dare to move into new horizons**

JOB BANK

The job bank has a couple resumes and job openings. If anyone would like more information on candidates or job posting to please contact me ~ information is listed below.

Thanks!

Kris McKinney



National Safety Council SAFETY MONTH – June 2007 “Celebrating Safe Communities”

Visit www.nsc.org for more information!

June 4-8 Workplace

Falls in Workplace 1 | [PDF](#)

Falls in Workplace 2 | [PDF](#)

June 11-18 Driving

Teen Driving - Nightmare | [PDF](#)

June 18-22 Emergency Preparedness

Emergency Preparedness Workplace | [PDF](#)

Emergency Preparedness Home 1 | [PDF](#)

Emergency Preparedness Home 2 | [PDF](#)

June 25-29 Home and Community

Safe Community 1 | [PDF](#)

Safe Community 2 | [PDF](#)

Falls in the Home | [PDF](#)

2007 Safety Tips

June 4-8 Workplace

Ergonomics | [PDF](#)

Personal Protective Equipment | [PDF](#)

Lifting Safety | [PDF](#)

Falls in Workplace | [PDF](#)

June 11-18 Driving

Driving Behaviors | [PDF](#)

June 18-22 Emergency Preparedness

Emergency Preparedness Workplace | [PDF](#)

Emergency Preparedness Home | [PDF](#)

June 25-29 Home and Community

Indoor Air Quality | [PDF](#)

Falls in the Home | [PDF](#)

Poisoning Prevention | [PDF](#)

Fire Prevention | [PDF](#)

Complete [this form](#) for a FREE 1 year subscription to Family Safety Health. You'll also be entered in a weekly drawing for a copy of the

[Off-the-Job Safety Manual and CD](#)





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BNC International, Inc.
Subsidiaries of Bethel Native Corporation

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UPCOMING EVENTS PLEASE MARK YOUR CALENDARS

April 1, 2007 Deadline for Future Leader;
WIC of the Year; &
Lifetime Achievement Award

June 1, 2007 NAWIC General Membership Meeting
* Coast Intl Inn

ELECTION

5:30 PM – Networking
6:00 PM – Dinner
6:30 PM – Speaker

June 25, 2007 NAWIC Board Meeting
11:30am SBS Clinic Club



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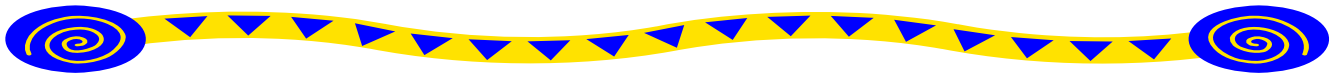
FOR IMMEDIATE RELEASE

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Kiewit Building Group Wins Safety Award

Anchorage, AK – Kiewit Building Group's Alaska Area received the first annual Excellence in Construction Safety Award from Region 9 of the National Association of Women in Construction. Region 9 of the association is comprised of chapters in Alaska, Idaho, Montana, Oregon and Washington. The award recognizes Kiewit's exemplary safety record and zero incident rate for 2006/07. The award was presented during Region 9's conference in Boise, ID on May 19, 2007.

Kiewit Corporation is one of North America's largest and most respected firms in the construction industry. Kiewit Building Group has been building projects in Alaska since 1948. For more information about Kiewit, visit the company's website at www.kiewit.com.



HAPPY May ANNIVERSARY

Tracie Pierce 20 years
Tamie Taylor 15 years
Lisa Greer 12 years

HAPPY June ANNIVERSARY

Jamie French 1 year
Catherine Landreth 1 year



**HAPPY May
BIRTHDAYS**
Evie Clark 5/21